

PRESS RELEASE

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Collins High School, Shelbyville, KY

Track & Field 6-18-24

Adidas Outdoor Nationals

Three members of the Collins track and field qualified for the Adidas Outdoor National Meet on June 14-16 at North Carolina A & T University in Greensboro. The first event for the Titans was the two kilometer steeplechase where juniors Emma Kendall and Nathan Janes were entered. Kendall took over the lead in her race about 1.5 laps into the five lap race. However, the hot day took its toll at the end as she held on for second place to earn All-American status

(top six finish).



(Photo: L. Janes)

Emma Kendall (7) showed good form on the water jump at Nationals where she finished second.





(Photo: L. Janes)
Emma Kendall (7) showing good form on one of the 30" barriers at Nationals in the 2K steeplechase.

Janes was up next and he ran a strong race to equal his personal best time and place fourth, also earning All-American status.



(Photo: L. Janes)

Nathan Janes (11) stays out of traffic on the water jump of the 2K steeple at Nationals.



Reece Delaney was entered in the Freshman Mile and ran a strong race, staying with the front runners until the end. He held position in his section and finished tenth overall with a big PR of

4:36.73, less than four seconds behind first place.

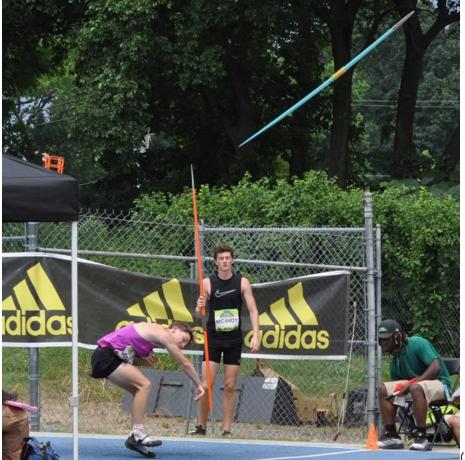


(Photo: L. Janes)

Reece Delaney (12) en route to a big PR in the Freshman Mile at the Adidas National Meet.

Janes came back after the steeplechase and in the next two days competed in the 10-event decathlon. He is the first Collins athlete to ever compete in a multi-event. In the first day he scored 2338 points getting a PR in the 400 (53.83). The second day was the skill day and more suited to Janes as an athlete. He got PRs in the 110 hurdles (18.14), discus (83-9), javelin (97-11), and 1500 to score 2457 points the second day. The last event, the 1500, was his strongest event and he set his sights on going under 4:30 which was worth 745 points. He took over the lead a third of the way in and never looked back, closing the last 300 in 50 flat. He won the event and broke the meet record (4:26) for the 1500 decathlon going 4:20.86. Janes finished the decathlon with 4709 points for 12th place.





(Photo: G. Sanderlin)

Nathan Janes uncorks the 800 gram javelin in the ninth event of the decathlon at the Adidas National Meet.



(Photo: L. Janes)

Nathan Janes (13) prepares to take over the last event of the decathlon, the 1500, at the 500-in mark. He set the meet record (4:20.86) for the decathlon 1500.



Kendall was back in action towards the end of the meet as she was moved from the National Elite race to the more prestigious Championship race. She came through the 400 in 1:07 and stayed with the leaders of her section to finish in 2:15.32 (number six time in Collins history)

for ninth place.



(Photo: G. Sanderlin)

Emma Kendall (third from left) runs in a tight pack just before the halfway mark in the 800 at the Adidas Nationals Meet. She finished ninth in the championship race. Kendall now owns seven of the top ten 800 times in Collins history.

Collins Director of Track & Field and Cross Country, George Sanderlin, planned the trip and paid the entry fees for all three athletes. He said, "This is the most athletes that we have taken to Nationals. They all did great. For Emma and Nathan to have top finishes in a challenging event like the steeplechase is the reason we are putting in a steeple setup at Collins. Reece proved that he is one of the top freshmen milers in the country. In the 800, Emma again proved that she is one of the top 800 runners in the country. If you throw out her first time of the year (2:25 at Oldham Co. Kickoff), she averaged an amazing 2:16 for the seven 800 races she ran this season. Her incredible consistency is proven by the fact that the standard deviation of her seven races was only one second."

Sanderlin went on to say, "I have personally competed in many multi-event competitions in two different sports (modern pentathlon and track pentathlon). So, I know the multis well. However, I have never coached a decathlete. Nathan Janes was my first and he did great in tackling the ten events with minimal training time. Adidas Nationals was a great ending to a fantastic season."

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