

PRESS RELEASE

Released to: *Titan E-News & Sentinel-News* Collins High School, Shelbyville, KY <u>Cross Country 9-3-24</u>

Shelby County Inv.

The Collins cross country team traveled across the county to compete in the Shelby County Invitational on their course on Aug. 31st. The Titan girls placed third, fourth and fifth, and put the top four scorers in the top twenty to win the meet with 36 points over St. Henry (39). The boys also won the meet with 38 points to outdistance second place Henry County (79 points). This is only the second time in Collins history where both boys' and girls' teams won the same major invitational.



Sophie Bolin shows determination as she tackles one of the hills on the Shelby County Cross Country Course at the Shelby Co. Inv.

The Titan girls were led by senior Emma Kendall who finished in third behind the Mooney sisters (Caroline 18:39 and Savannah 19:23) of Bullitt East. Her time of 19:49 was one of her best openers. Junior Sophie Bolin finished fourth in 21:12, while senior Grace Nelson ran 21:40 for fifth. Freshman Margo Treece (19th) and senior Michele Burgess (26th) rounded out the scoring for Collins. This is the second year in a row that the Titan girls have won this meet.





Grace Nelson holds off St. Henry senior Jordyn Brockman at the finish of the Shelby County Inv. Nelson helped secure the win by beating Brockman.

Senior Nathan Janes (16:50) won and led a 1-2-3 finish for Collins. He was followed across the finish line by senior Chase Delaney (17:05) and sophomore Reece Delaney (17:24). Junior George Diakhate also finished in the top ten going 18:50 for 9th place. Sophomore Vance Boyd was the final Titan scorer in 26th place (20:37).



(Photo - - L. Bolin) Nathan Janes (471) leads Chase Delaney (far left), Shelby Co. junior Lucas Courtney (1165), and Reece Delaney (469) mid-way through the race.



Head Coach George Sanderlin said, "Our team did great today. We had strong performances from our top three girls and top four boys who all bettered their times here from last year. We will really be tested next weekend at the Rumble Through the Jungle meet."



Both the Titan Boys and Girls display their first place trophies from the Shelby County Inv.

The Running Titans travel to the Creasy Mahon Nature Preserve in Goshen on Sept. 7th to compete in the Rumble Through the Jungle Invitational.

Contact: George Sanderlin Director of Track and Cross Country Collins High School 404-312-0945 <u>georgesand@aol.com</u>