



P R E S S R E L E A S E

Released to: Titan E-News, Sentinel-News

Collins High School, Shelbyville, KY

Cross Country 9-24-24

Trinity Valkyrie Inv.

The Collins cross country team traveled to Louisville on Sept. 21st to run at E. P. "Tom" Sawyer Park in Louisville. The boys' varsity team made it into the prestigious seeded race and competed against some of the top teams in this part of the country. They ran their best team time of the year (17:46 average for each of the top five scorers) to finish in 41st place. Senior Chase Delaney led the way for the Titans with an eight second personal record (16:33). He was followed by his brother, sophomore Reece (PR of 16:53), and senior Nathan Janes (17:11) who was nursing an injury. Junior George Diakhate also got a PR finishing in 18:15. Sophomore Vance Boyd closed out the Titan scoring with a season best time of 19:58.



(photo: L. Bolin)

George Diakhate nears the finish of the 5K in varsity seeded race at the Trinity Valkyrie Inv. Diakhate got a PR in the race.

On the girls' side, the Titans varsity team finished sixth out of 23 teams with their best team time of the year (average of 21:41 per top five scorer). Senior Emma Kendall led the way, finishing fourth in a course best time of 19:34. Junior Sophie Bolin was the next Titan across the line (8th) in a PR 20:18. Senior Grace Nelson got a season best of 21:22 in 25th place. The Titan scoring was rounded out by freshman Margo Treece (23:28) and senior Michele Burgess in a season best of 23:47.



(photo: L. Bolin)

Sophie Bolin (2759) battles with Corydon junior Lilli Pavey at the finish of the Trinity Valkyrie Inv. varsity race. She got a PR in the race.

Collins also entered a team in the girl's Freshman / Sophomore race. The all-freshman team was led by Mya Drake. Drake chopped a full minute off her previous best by going 23:04 for 24th place. She was followed across the finish line by Josie Renda who chopped a huge 3:11 off her best with a PR 25:32. Allyson Decker also ran a big race knocking over two minutes off her previous best with a PR of 26:35. Halle Stubbs and Riley RoBards rounded out the scoring to give the Titans 235 points which was good for ninth out of 13 teams.



(photo: L. Bolin)

Mya Drake got a PR in the Trinity Valkyrie Inv. freshman / sophomore race.



(photo: L. Bolin)

Collins' Josie Renda got a huge PR in the freshman / sophomore race at the Trinity Valkyrie Inv.

Director of Cross Country and Track and Field George Sanderlin said, "We had a great day with eight PRs (44% of the team) and six season and / or course bests (33% of the team). This will help us get ready for our region which is the toughest in the state."

The Running Titans travel to Hanover College on Sept. 28th to compete in the Duke Meyer Inv.

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