



## **P R E S S   R E L E A S E**

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**Collins High School, Shelbyville, KY**  
**Cross Country 9-20-22**

### **Trinity / Valkyrie Inv.**

The Collins cross country team traveled to E. P. Tom Sawyer Park on Sept. 17th to compete in the 67<sup>th</sup> annual Trinity / Valkyrie Invitational. The boys team scored 340 points to place 12<sup>th</sup> out of 23 teams with a total team time of 1:32:56 (18:35 per runner). This was significantly better than last year's 19:17 per runner. Out of Collins' six athletes, five got personal records (PR) and one got a seasonal best.

Sophomore Nathan Janes led the way, clocking 18:10 for the flat 5K course. His nine second PR placed him 59<sup>th</sup>. The next Titan across the finish line was sophomore Chase Delaney with a huge 42 second PR to place 70<sup>th</sup> in 18:21. He was followed closely by juniors Eli Moreno (18:38) and Jack Fuhrmann (18:43) who scored a large 50 second PR. Eighth-grader Reece Delaney got a big 46 second PR, as he went 19:04. Freshman George Diakhate was the sixth Titan across the line in a 38 second PR of 20:57.



(Photo: H. Rosenow)

*Running Titans Nathan Janes (423), Eli Moreno (424), and Chase Delaney (419) tackle the Tom Sawyer Course at the Trinity Valkyrie Invitational on Sept. 17<sup>th</sup>*



(Photo: H. Rosenow)

*Reece Delaney (L) and Jack Fuhrmann (R ) both got big PRs for the Titans at the Trinity Valkyrie Inv.*

Next it was the girls' turn as the Titans, who placed four runners in the top 50, finished fourth out of 21 teams with 143 points. The Titans were led by sophomore Emma Kendall in her first race back after an injury. Kendall, who led the race through the first mile, finished third in 19:41 for the third fastest 5K of her career.



(Photo: H. Rosenow)

*Emma Kendall crosses the finish line for Collins in 19:41 at the Trinity Valkyrie Inv. on Sept. 17<sup>th</sup>.*





The next Titan to score was sophomore Katelynn Gaddis who finished 31<sup>st</sup> with a season best of 22:05. The next scoring Titan to finish was freshman Sophie Bolin who ran a two second PR to place 39<sup>th</sup>. Sophomore Grace Nelson was next in 39<sup>th</sup> and junior Laura Vidourek rounded out the scoring in 44<sup>th</sup> place.



(Photo: H. Rosenow)

*Sophie Bolin (411) battles with South Oldham Dragons sophomore Claire James (1394) and junior Emily Jones (1395) at Tom Sawyer Park.*

Sophomore Michele Burgess (23:30) and junior Grace White (24:18) also got big PRs for the Titans.



(Photo: H. Rosenow)

*The Collins girls celebrate their fourth place finish after the Trinity Valkyrie Inv.*



Head Coach George Sanderlin said, "It's a great day when 86% of your team either gets a season best or PR. You can't ask for much more than that. This is the highest girls team finish at a major invitational in some time. South Oldham won the girl's race. But they were only 18 points ahead of us. We will be ready for them on Sept. 23<sup>rd</sup> at our Border Battle."

The Running Titans next race is the Border Battle, a quadrangular meet on Sept. 23<sup>rd</sup> at the home Bullskin Cross Country Complex at Blue Meadow Farms at US 60 and Joyes Station Rd. (just one mile west of Discovery Blvd.). The Border Battle pits Team Shelby (Collins and County High) against Team Oldham (North and South Oldham). The first race is at 5:45 PM.

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