



P R E S S R E L E A S E

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Collins High School, Shelbyville, KY
Track & Field 5-24-25

3A Region 4 Meet

The Running Titans traveled to Ballard H.S. in Louisville on May 21st for the AAA Region 4 Track and Field Championships. The Titans had three automatic qualifiers (top two in each event). Seniors Nathan Janes and Grace Evans won the pole vault competitions and Emma Kendall placed second in the 800.

In the vault, Janes won in a rare "jump off" for first place with Trinity junior Jack Frederick (13-0). Janes winning jump of 13-3.25 was a personal record (PR). Evans made the state meet in the pole vault for the fifth consecutive year.



Nathan Janes contemplates his jump in the pole vault at the 3A Region 4 Meet. Janes won a jump off by clearing 13-3.25 to become the Regional Champion.

Despite having a couple of top athletes on the sidelines with injuries, the Titan girls scored 23 points to finish sixth out of 11 teams. This ties their second-best regional finish in school history. Kendall scored eight points with her second in the 800. Her time of 2:18.59 made the US Silver Standard. This is the fifth consecutive year that Kendall has qualified for the state track and field meet.

Senior Grace Nelson ran a PR time of 48.68 to place fifth in the 300 hurdles. Her mark was good enough to qualify for the state meet as a "time qualifier." The girls' 3200 in this region was stacked with 10 athletes having run under 12 in this region alone prior to the meet. Junior Sophie Bolin got a PR to finish sixth in the 3200. Her time of 11:48.22 (number 16 on the Collins All-Time list) was good enough for her to make state as a time qualifier.



Grace Nelson got a PR in the 300 hurdles at the regional meet and qualified for state. She owns 12 of the top 20 times in Collins history for this event.

Collins' girls' 4 X 400 relay ran the eighth fastest outdoor time in school history (4:17.52) to finish fifth. The team of junior Maleah Wilson, Nelson, senior Luci Renda, and Kendall also made state as an at-large time qualifier.

The boys had their best finish in the last three years with 15 points for eighth place. In addition to Janes' win, sophomore Reece Delaney scored in the 1600 with a sixth place finish. Senior Chase Delaney made state as a time qualifier in the 3200 as he ran an outdoor PR of 10:00.60 to finish sixth. His time is number two in history and only 1.08 seconds off Jay Solinger's 2014 school record set at the 2A State Meet.



Chase Delaney made the state meet in the 3200 by running a PR time which was only a second short of the school outdoor record.



Senior Shia Gazaway uncorked a PR of 128-0 in the discus. This was a huge 20-foot improvement over his previous best and was good enough to qualify for the State meet. The boys 4 X 400 relay team of senior Kevon Woodard, C. Delaney, R. Delaney, and Janes clocked a 3:41.54 to score with a fifth-place finish.



Shia Gazaway had the longest discus throw of his career at the Regional meet and qualified for state.

Collins Head Track and Field Coach George Sanderlin said, "We had a very good regional meet. Our throws coach, Nic Horine, has done an excellent job with senior Shia Gazaway who added twenty feet to his PR at region. 64% of our boys got at least one PR. Overall, 43% of our athletes got a PR. That tells me that we are peaking at just the right time. Our results position us to do well at State."

The Running Titans next meet is the Class 3A State Meet at the Univ. of Kentucky on May 31st.

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