



P R E S S R E L E A S E

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Kentucky Dream Mile

The Kentucky Dream Mile took place on May 5th at St. Xavier H.S. in Louisville. It featured the 16 fastest boy and girl milers (or 1600) in the state. Collins sophomore Emma Kendall was chosen as the 16th girl entrant. The girls' competition ended up being the fastest high school mile ever run in the state.

Multiple time state champion Ciara O'Shea of Madison Central led through the first lap in a quick 1:09. O'Shea had a slight lead at the 800 (2:22). Then Manual senior Jessica Secor took over and had a slight lead on O'Shea at 1200 (3:36.64 to 3:36.89). Back in the pack, Kendall was 12th at 800 in a fast 2:27 and held position through 1200.



(photo: H. Rosenow)

Emma Kendall (16) battles mid-race with Barren Co. junior Chesney McPherson (12) and Manual sophomore Maggie May.

On the final lap, Secor blasted a 1:08 for the win in a new state record of 4:44.73 to best O'Shea who held on for second (4:48.81). Kendall also picked it up on the last lap (1:14) and passed two runners in the last 80 meters to finish in 10th place with a PR 5:01.73. Her



time is the second fastest in Collins history, just behind the 4:57 run by twelve time state champion Gabby Karas ('17). Kendall's time made the US MileSplit High School "gold standard."



Emma Kendall (L) beats out Lexington Catholic junior Cate Conklin at the finish of the Dream Mile.

Collins Head Track and Field Coach George Sanderlin said, "I knew there was no way Emma was going to finish 16th. She ran a great race with even splits and kicked hard at the end passing several runners. Her effort yet again proves that she is one of the top middle-distance runners in the state. In my 14 years of coaching this was by far the fastest, deepest, with nine deep under five minutes, and most exciting girls' mile that I have ever witnessed."

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