

## PRESS RELEASE

Released to: Titan E-News & Sentinel-News

Collins High School, Shelbyville, KY

Track & Field 3-23-23

## **Shelby Co. All-Comers Meet**

The Running Titans kicked off their outdoor season at rival County High on March 21<sup>st</sup>. The boys got off to a quick start at the 4 X 800 relay team nabbed a Kentucky # 1 ranking by toting the stick around the track for the win in 8:37.03. The relay team of junior Jack Fuhrmann, senior Kiya Ledford, sophomore Nathan Janes, and junior Melbyn Velasquez scored the fifth fastest time in Collins history.



Kiya Ledford passes the baton to third leg Nathan Janes in the 4 X 800 meter relay at the Shelby Co. All-Comers Meet. The Titans time of 8:37.03 is a state leader.

The boys got many personal records (PRs) led by Fuhrmann's 4:53.25 (3<sup>rd</sup>) time in the 1600. Sophomore Chase Delaney also got under five minutes with a PR 4:58.49 (4<sup>th</sup>). Janes came back and got a PR in the 300 hurdles going 45.83 for third place. Janes also won the pole vault. Eighth-grader Reece Delaney ran a strong last half of the 3200 to dip under eleven minutes with a 10:57.57 clocking for second place.

On the girls' side, sophomore Emma Kendall also got a Kentucky # 1 time (all classification) in the 1600 when she blazed the first 400 in 1:14 and cruised to victory with a personal record (PR) 5:16.89. Freshman Maleah Wilson finished fourth in the 200 with a 28.11 which is the number two Collins all-time 200. Junior Grace White finished fifth in the 800 in a PR 2:45.24.





Emma Kendall blazed to victory in the 1600 with the state's best time of 5:16.89 at the Shelby Co. All-Comers Meet.

In the field events, sophomore Katelynn Gaddis got a PR 4-4 in the high jump to finish fifth. Eighth-grader Faith Nelson, in her first triple jump competition, stretched out to 30-5.5 to finish sixth. This is the seventh best triple jump in Collins history. Senior Makayla Wilson finished third in the discus with an 88-10 which is the third best mark of her career.



Katelynn Gaddis clears a PR 4-4 in the high jump.

Titan Head Coach George Sanderlin said, "Our athletes did great tonight. Most of the team got either a PR or the second or third best mark of their life. We have been stressing being



aggressive in practice and wanted that to carry over to our meets. It looks like it is starting to. To have two state number one marks is great. This meet laid a good base for the rest of our outdoor season."

The Running Titans' next outdoor meet is the Oldham Co. Kickoff Classic at Eastern H.S. on Mar.  $25^{th}$ . The Titans host the Bojangles Bullskin Relays on April  $1^{st}$  which will be the *KYMileSplit Meet of the Week* with a live broadcast.

## **Contact:**

George Sanderlin
Director of Track and Cross Country
Collins High School
404-312-0945
georgesand@aol.com